



December 2012

Issue No. 88

IN SIGHT for Oregon Lawyers and Judges

IMPROVING THE QUALITY OF YOUR PERSONAL AND PROFESSIONAL LIFE

JOB SEARCH AND CAREER TRANSITION ASSISTANCE

Here is a brief overview of the job-search and career-transition assistance offered by the OAAP:

One-on-one appointments. The OAAP attorney counselors are available to meet individually with law students, lawyers, and judges to provide assistance with career self-assessment and to provide support for job search and career transition. OAAP attorney counselors are also often able to connect you with lawyers in practice areas or positions for informational interviewing and networking meetings.

Career workshops. These workshops offer career self-assessment inventories (Myers-Briggs Type Indicator, SkillScan, Values Card Sort, etc.) and discussion, in addition to presentations on career search topics such as informational interviewing and networking, résumés, strategies for traditional interviewing, and the transition process. The workshop utilizes *The New What Can You Do with a Law Degree?*, which is available from the OAAP for \$20. There is no other cost. The workshop length varies, depending on location, and is typically limited to 10 to 12 participants. For more information, please call Mike Long or Shari Gregory at the OAAP at 503-226-1057 or 1-800-321-6227.

Lawyers in Transition. This job-search and career-transition support group offers presentations by lawyers who have made career transitions (first Thursday of the month) and provides support and structure for your job search. This support includes discussion of job-search efforts of the past week, identification of the job-search tasks each lawyer plans to complete in the coming week, networking,

and brainstorming job-search strategies. The group meets at the OAAP in Portland on Thursdays from noon to 1:00 p.m. If you are interested in participating in this group, please call Mike Long at 503-226-1057 or 1-800-321-6227.

Career seminars. The OAAP also sponsors job-search and career seminars. These seminars are presented live and are also available on CD or DVD. On Friday, March 1, 2013, the OAAP will be sponsoring a daylong career seminar featuring Dr. Larry Richard and Tanya Hanson, coauthors of *The New What Can You Do with a Law Degree?*, at the Oregon State Bar Center. (See box on page 1 for more information.)

If you are looking for your next job or contemplating a job or career change, contact one of the OAAP attorney counselors for assistance at 503-226-1057 or 1-800-321-6227.

OREGON ATTORNEY ASSISTANCE PROGRAM

503-226-1057
1-800-321-OAAP
www.aaap.org

Helping lawyers
and judges for over
30 years

- Alcohol & Chemical Dependency
- Career Change & Transition
- Gambling Addiction
- Mental Health
- Procrastination & Time Management

A free, nonprofit,
confidential program
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